

# Vision Problem Checklist

**Any of the following problems may indicate a functional visual problem. Do you or your child:**

- Skip words while reading or copying
- Loses place while reading or copying
- Skip lines while reading or copying
- Substitute words while reading or copying
- Reread words or lines
- Reverse letters, numbers or words
- Use a finger or marker to keep place while reading and/or writing
- Read very slowly
- Poor reading comprehension (unless read to)
- Difficulty remembering what has been read
- Holds head too close when reading and/or writing
- Squint, close, or cover one eye while reading
- Unusual posture/head tilt when reading/computer work
- Headaches following intense reading/computer work
- Eyes hurt or feel tired after close work
- Feel unusually tired after completing a visual task
- Double Vision
- Eyesight blurs at distance when looking up from near work
- Print seems to move or go in and out of focus
- Letters and/or lines "run together" or words "jump" when reading
- Crooked and/or poorly spaced handwriting
- Misaligned letters and/or numbers
- Make errors when copying
- Poor spelling skills
- Difficulty tracking moving objects
- Poor concentration abilities



- Unusual clumsiness
- Difficulty with sports requiring good eye-hand coordination
- Feel sleepy when reading
- Dislike tasks requiring sustained concentration
- Avoid near tasks such as reading
- Confuse right and left directions
- Restlessness when working at a desk
- Lose awareness of surroundings when concentrating
- Must "feel" things to see them
- Motion and/or car sickness
- Unusual blinking
- Unusual eye rubbing
- Dry eyes
- Watery eyes
- Red eyes
- Light sensitivity
- Turns paper when writing on it to write easier

Score: \_\_\_\_\_

### Scoring Criteria:

10-15 points total = Possible functional vision problems

16-25 points total = Probable functional vision problems

Over 25 points total = Definite functional vision problems

